

BSF Scripture Reading:

FIRST DAY:

1. Read the lesson notes and References

SECOND DAY:

Read Genesis 4:1-7

Cain and Abel

[4:1] Adam lay with his wife Eve, and she became pregnant and gave birth to Cain. She said, "With the help of the LORD I have brought forth a man."

[2] Later she gave birth to his brother Abel.

Now Abel kept flocks, and Cain worked the soil.

[3] In the course of time Cain brought some of the fruits of the soil as an offering to the LORD. [4] But Abel brought fat portions from some of the firstborn of his flock. The LORD looked with favor on Abel and his offering, [5] but on Cain and his offering he did not look with favor. So Cain was very angry, and his face was downcast.

[6] Then the LORD said to Cain, "Why are you angry? Why is your face downcast? [7] If you do what is right, will you not be accepted? But if you do not do what is right, sin is crouching at your door; it desires to have you, but you must master it."

Question 4

Hebrews 11:4; [4] By faith Abel offered God a better sacrifice than Cain did. By faith he was commended as a righteous man, when God spoke well of his offerings. And by faith he still speaks, even though he is dead.

THIRD DAY

Read Genesis 4:8-12

[8] Now Cain said to his brother Abel, "Let's go out to the field." And while they were in the field, Cain attacked his brother Abel and killed him.

[9] Then the LORD said to Cain, "Where is your brother Abel?"

"I don't know," he replied. "Am I my brother's keeper?"

[10] The LORD said, "What have you done? Listen! Your brother's blood cries out to me from the ground.

[11] Now you are under a curse and driven from the ground, which opened its mouth to receive your brother's blood from your hand. [12] When you work the ground, it will no longer yield its crops for you. You will be a restless wanderer on the earth."

Question 10

Genesis 4:1-12; See above verses

FOURTH DAY

Read Genesis 4:13-16

[13] Cain said to the LORD, "My punishment is more than I can bear. [14] Today you are driving me from the land, and I will be hidden from your presence; I will be a restless wanderer on the earth, and whoever finds me will kill me."

[15] But the LORD said to him, "Not so; if anyone kills Cain, he will suffer vengeance seven times over." Then the LORD put a mark on Cain so that no one who found him would kill him. [16] So Cain went out from the LORD's presence and lived in the land of Nod, east of Eden.

FIFTH DAY

Read Genesis 4:17-26

[17] Cain lay with his wife, and she became pregnant and gave birth to Enoch. Cain was then building a city, and he named it after his son Enoch. [18] To Enoch was born Irad, and Irad was the father of Methujael, and Methujael was the father of Methushael, and Methushael was the father of Lamech.

[19] Lamech married two women, one named Adah and the other Zillah. [20] Adah gave birth to Jabal; he was the father of those who live in tents and raise livestock. [21] His brother's name was Jubal; he was the father of all who play the harp and flute. [22] Zillah also had a son, Tubal-Cain, who forged all kinds of tools out of bronze and iron. Tubal-Cain's sister was Naamah.

[23] Lamech said to his wives,

“Adah and Zillah, listen to me;
wives of Lamech, hear my words.
I have killed a man for wounding me,
a young man for injuring me.

[24] If Cain is avenged seven times,
then Lamech seventy-seven times. ”

[25] Adam lay with his wife again, and she gave birth to a son and named him Seth, saying, “God has granted me another child in place of Abel, since Cain killed him.” [26] Seth also had a son, and he named him Enosh.

At that time men began to call on the name of the LORD.

SIXTH DAY

Review Genesis 4

See above verses: