

FIRST DAY:

- **Review the lecture, Read the notes and the references**

SECOND DAY:**Read 1 Samuel 21 and Psalm 34****1 Samuel 21****David at Nob**

[21:1] David went to Nob, to Ahimelech the priest. Ahimelech trembled when he met him, and asked, “Why are you alone? Why is no one with you?”

[2] David answered Ahimelech the priest, “The king charged me with a certain matter and said to me, ‘No one is to know anything about your mission and your instructions.’ As for my men, I have told them to meet me at a certain place. [3] Now then, what do you have on hand? Give me five loaves of bread, or whatever you can find.”

[4] But the priest answered David, “I don’t have any ordinary bread on hand; however, there is some consecrated bread here—provided the men have kept themselves from women.”

[5] David replied, “Indeed women have been kept from us, as usual whenever I set out. The men’s things are holy even on missions that are not holy. How much more so today!” [6] So the priest gave him the consecrated bread, since there was no bread there except the bread of the Presence that had been removed from before the LORD and replaced by hot bread on the day it was taken away.

[7] Now one of Saul’s servants was there that day, detained before the LORD; he was Doeg the Edomite, Saul’s head shepherd.

[8] David asked Ahimelech, “Don’t you have a spear or a sword here? I haven’t brought my sword or any other weapon, because the king’s business was urgent.”

[9] The priest replied, “The sword of Goliath the Philistine, whom you killed in the Valley of Elah, is

here; it is wrapped in a cloth behind the ephod. If you want it, take it; there is no sword here but that one.”

David said, “There is none like it; give it to me.”

David at Gath

[10] That day David fled from Saul and went to Achish king of Gath. [11] But the servants of Achish said to him, “Isn’t this David, the king of the land? Isn’t he the one they sing about in their dances:

“‘Saul has slain his thousands,
and David his tens of thousands?’”

[12] David took these words to heart and was very much afraid of Achish king of Gath. [13] So he pretended to be insane in their presence; and while he was in their hands he acted like a madman, making marks on the doors of the gate and letting saliva run down his beard.

[14] Achish said to his servants, “Look at the man! He is insane! Why bring him to me? [15] Am I so short of madmen that you have to bring this fellow here to carry on like this in front of me? Must this man come into my house?”

PSALMS 34

[34:1] I will extol the LORD at all times;
his praise will always be on my lips.

[2] My soul will boast in the LORD;
let the afflicted hear and rejoice.

[3] Glorify the LORD with me;
let us exalt his name together.

[4] I sought the LORD, and he answered me;
he delivered me from all my fears.

[5] Those who look to him are radiant;
their faces are never covered with shame.

[6] This poor man called, and the LORD heard him;
he saved him out of all his troubles.

[7] The angel of the LORD encamps around those
who fear him,
and he delivers them.

[8] Taste and see that the LORD is good;
blessed is the man who takes refuge in him.

[9] Fear the LORD, you his saints,
for those who fear him lack nothing.

[10] The lions may grow weak and hungry,
but those who seek the LORD lack no good thing.

[11] Come, my children, listen to me;
I will teach you the fear of the LORD.

[12] Whoever of you loves life

and desires to see many good days,
 [13] keep your tongue from evil
 and your lips from speaking lies.
 [14] Turn from evil and do good;
 seek peace and pursue it.
 [15] The eyes of the LORD are on the righteous
 and his ears are attentive to their cry;
 [16] the face of the LORD is against those who do
 evil,
 to cut off the memory of them from the earth.
 [17] The righteous cry out, and the LORD hears
 them;
 he delivers them from all their troubles.
 [18] The LORD is close to the brokenhearted
 and saves those who are crushed in spirit.
 [19] A righteous man may have many troubles,
 but the LORD delivers him from them all;
 [20] he protects all his bones,
 not one of them will be broken.
 [21] Evil will slay the wicked;
 the foes of the righteous will be condemned.
 [22] The LORD redeems his servants;
 no one will be condemned who takes refuge in him.

Question 3

Luke 6:1-5; [6:1] One Sabbath Jesus was going through the grainfields, and his disciples began to pick some heads of grain, rub them in their hands and eat the kernels. [2] Some of the Pharisees asked, “Why are you doing what is unlawful on the Sabbath?”

[3] Jesus answered them, “**Have you never read what David did when he and his companions were hungry? [4] He entered the house of God, and taking the consecrated bread, he ate what is lawful only for priests to eat. And he also gave some to his companions.**” [5] Then Jesus said to them, “**The Son of Man is Lord of the Sabbath.**”

THIRD DAY

Read 1 Samuel 22 and Psalm 52

1 Samuel 22

David at Adullam and Mizpah

[22:1] David left Gath and escaped to the cave of Adullam. When his brothers and his father's

household heard about it, they went down to him there. [2] All those who were in distress or in debt or discontented gathered around him, and he became their leader. About four hundred men were with him.

[3] From there David went to Mizpah in Moab and said to the king of Moab, “Would you let my father and mother come and stay with you until I learn what God will do for me?” [4] So he left them with the king of Moab, and they stayed with him as long as David was in the stronghold.

[5] But the prophet Gad said to David, “Do not stay in the stronghold. Go into the land of Judah.” So David left and went to the forest of Hereth.

Saul Kills the Priests of Nob

[6] Now Saul heard that David and his men had been discovered. And Saul, spear in hand, was seated under the tamarisk tree on the hill at Gibeah, with all his officials standing around him. [7] Saul said to them, “Listen, men of Benjamin! Will the son of Jesse give all of you fields and vineyards? Will he make all of you commanders of thousands and commanders of hundreds? [8] Is that why you have all conspired against me? No one tells me when my son makes a covenant with the son of Jesse. None of you is concerned about me or tells me that my son has incited my servant to lie in wait for me, as he does today.”

[9] But Doeg the Edomite, who was standing with Saul's officials, said, “I saw the son of Jesse come to Ahimelech son of Ahitub at Nob. [10] Ahimelech inquired of the LORD for him; he also gave him provisions and the sword of Goliath the Philistine.”

[11] Then the king sent for the priest Ahimelech son of Ahitub and his father's whole family, who were the priests at Nob, and they all came to the king. [12] Saul said, “Listen now, son of Ahitub.”

“Yes, my lord,” he answered.

[13] Saul said to him, “Why have you conspired against me, you and the son of Jesse, giving him bread and a sword and inquiring of God for him, so that he has rebelled against me and lies in wait for me, as he does today?”

[14] Ahimelech answered the king, “Who of all your servants is as loyal as David, the king's son-in-law, captain of your bodyguard and highly respected in

your household? [15] Was that day the first time I inquired of God for him? Of course not! Let not the king accuse your servant or any of his father's family, for your servant knows nothing at all about this whole affair."

[16] But the king said, "You will surely die, Ahimelech, you and your father's whole family. "

[17] Then the king ordered the guards at his side: "Turn and kill the priests of the LORD, because they too have sided with David. They knew he was fleeing, yet they did not tell me."

But the king's officials were not willing to raise a hand to strike the priests of the LORD.

[18] The king then ordered Doeg, "You turn and strike down the priests." So Doeg the Edomite turned and struck them down. That day he killed eighty-five men who wore the linen ephod. [19] He also put to the sword Nob, the town of the priests, with its men and women, its children and infants, and its cattle, donkeys and sheep.

[20] But Abiathar, a son of Ahimelech son of Ahitub, escaped and fled to join David. [21] He told David that Saul had killed the priests of the LORD. [22] Then David said to Abiathar: "That day, when Doeg the Edomite was there, I knew he would be sure to tell Saul. I am responsible for the death of your father's whole family. [23] Stay with me; don't be afraid; the man who is seeking your life is seeking mine also. You will be safe with me."

PSALMS 52

[52:1] Why do you boast of evil, you mighty man? Why do you boast all day long, you who are a disgrace in the eyes of God?

[2] Your tongue plots destruction; it is like a sharpened razor, you who practice deceit.

[3] You love evil rather than good, falsehood rather than speaking the truth.

Selah

[4] You love every harmful word, O you deceitful tongue!

[5] Surely God will bring you down to everlasting ruin: He will snatch you up and tear you from your tent; he will uproot you from the land of the living.

Selah

[6] The righteous will see and fear; they will laugh at him, saying,

[7] "Here now is the man

who did not make God his stronghold but trusted in his great wealth and grew strong by destroying others!"

[8] But I am like an olive tree flourishing in the house of God; I trust in God's unfailing love for ever and ever.

[9] I will praise you forever for what you have done; in your name I will hope, for your name is good. I will praise you in the presence of your saints.

FOURTH DAY

Read 1 Samuel 23 and Psalm 54

1 Samuel 23

David Saves Keilah

[23:1] When David was told, "Look, the Philistines are fighting against Keilah and are looting the threshing floors," [2] he inquired of the LORD, saying, "Shall I go and attack these Philistines?"

The LORD answered him, "Go, attack the Philistines and save Keilah."

[3] But David's men said to him, "Here in Judah we are afraid. How much more, then, if we go to Keilah against the Philistine forces!"

[4] Once again David inquired of the LORD, and the LORD answered him, "Go down to Keilah, for I am going to give the Philistines into your hand. " [5] So David and his men went to Keilah, fought the Philistines and carried off their livestock. He inflicted heavy losses on the Philistines and saved the people of Keilah. [6] (Now Abiathar son of Ahimelech had brought the ephod down with him when he fled to David at Keilah.)

Saul Pursues David

[7] Saul was told that David had gone to Keilah, and he said, "God has handed him over to me, for David has imprisoned himself by entering a town with gates and bars." [8] And Saul called up all his forces for battle, to go down to Keilah to besiege David and his men.

[9] When David learned that Saul was plotting against him, he said to Abiathar the priest, “Bring the ephod.” [10] David said, “O LORD, God of Israel, your servant has heard definitely that Saul plans to come to Keilah and destroy the town on account of me. [11] Will the citizens of Keilah surrender me to him? Will Saul come down, as your servant has heard? O LORD, God of Israel, tell your servant.”

And the LORD said, “He will.”

[12] Again David asked, “Will the citizens of Keilah surrender me and my men to Saul?”

And the LORD said, “They will.”

[13] So David and his men, about six hundred in number, left Keilah and kept moving from place to place. When Saul was told that David had escaped from Keilah, he did not go there.

[14] David stayed in the desert strongholds and in the hills of the Desert of Ziph. Day after day Saul searched for him, but God did not give David into his hands.

[15] While David was at Horesh in the Desert of Ziph, he learned that Saul had come out to take his life. [16] And Saul's son Jonathan went to David at Horesh and helped him find strength in God. [17] “Don't be afraid,” he said. “My father Saul will not lay a hand on you. You will be king over Israel, and I will be second to you. Even my father Saul knows this.” [18] The two of them made a covenant before the LORD. Then Jonathan went home, but David remained at Horesh.

[19] The Ziphites went up to Saul at Gibeah and said, “Is not David hiding among us in the strongholds at Horesh, on the hill of Hakilah, south of Jeshimon? [20] Now, O king, come down whenever it pleases you to do so, and we will be responsible for handing him over to the king.”

[21] Saul replied, “The LORD bless you for your concern for me. [22] Go and make further preparation. Find out where David usually goes and who has seen him there. They tell me he is very crafty. [23] Find out about all the hiding places he uses and come back to me with definite information. Then I will go with you; if he is in the area, I will track him down among all the clans of Judah.”

[24] So they set out and went to Ziph ahead of Saul. Now David and his men were in the Desert of Maon, in the Arabah south of Jeshimon. [25] Saul and his men began the search, and when David was told about it, he went down to the rock and stayed in the Desert of Maon. When Saul heard this, he went into the Desert of Maon in pursuit of David.

[26] Saul was going along one side of the mountain, and David and his men were on the other side, hurrying to get away from Saul. As Saul and his forces were closing in on David and his men to capture them, [27] a messenger came to Saul, saying, “Come quickly! The Philistines are raiding the land.” [28] Then Saul broke off his pursuit of David and went to meet the Philistines. That is why they call this place Sela Hammahlekoth. [29] And David went up from there and lived in the strongholds of En Gedi.

PSALMS 54

[54:1] Save me, O God, by your name; vindicate me by your might.

[2] Hear my prayer, O God; listen to the words of my mouth.

[3] Strangers are attacking me; ruthless men seek my life — men without regard for God.

Selah

[4] Surely God is my help; the Lord is the one who sustains me.

[5] Let evil recoil on those who slander me; in your faithfulness destroy them.

[6] I will sacrifice a freewill offering to you; I will praise your name, O LORD, for it is good.

[7] For he has delivered me from all my troubles, and my eyes have looked in triumph on my foes.

FIFTH DAY:

Read 1 Samuel 24 and Psalms 57 and 142

1 Samuel 24

David Spares Saul's Life

[24:1] After Saul returned from pursuing the Philistines, he was told, “David is in the Desert of En Gedi.” [2] So Saul took three thousand chosen men from all Israel and set out to look for David and his men near the Crags of the Wild Goats.

[3] He came to the sheep pens along the way; a cave was there, and Saul went in to relieve himself. David and his men were far back in the cave. [4] The men said, “This is the day the LORD spoke of when he said to you, ‘I will give your enemy into your hands for you to deal with as you wish.’” Then David crept up unnoticed and cut off a corner of Saul’s robe.

[5] Afterward, David was conscience-stricken for having cut off a corner of his robe. [6] He said to his men, “The LORD forbid that I should do such a thing to my master, the LORD’s anointed, or lift my hand against him; for he is the anointed of the LORD.” [7] With these words David rebuked his men and did not allow them to attack Saul. And Saul left the cave and went his way.

[8] Then David went out of the cave and called out to Saul, “My lord the king!” When Saul looked behind him, David bowed down and prostrated himself with his face to the ground. [9] He said to Saul, “Why do you listen when men say, ‘David is bent on harming you’? [10] This day you have seen with your own eyes how the LORD delivered you into my hands in the cave. Some urged me to kill you, but I spared you; I said, ‘I will not lift my hand against my master, because he is the LORD’s anointed.’ [11] See, my father, look at this piece of your robe in my hand! I cut off the corner of your robe but did not kill you. Now understand and recognize that I am not guilty of wrongdoing or rebellion. I have not wronged you, but you are hunting me down to take my life. [12] May the LORD judge between you and me. And may the LORD avenge the wrongs you have done to me, but my hand will not touch you. [13] As the old saying goes, ‘From evildoers come evil deeds,’ so my hand will not touch you.

[14] “Against whom has the king of Israel come out? Whom are you pursuing? A dead dog? A flea? [15] May the LORD be our judge and decide between us. May he consider my cause and uphold it; may he vindicate me by delivering me from your hand.”

[16] When David finished saying this, Saul asked, “Is that your voice, David my son?” And he wept aloud. [17] “You are more righteous than I,” he said. “You have treated me well, but I have treated you badly. [18] You have just now told me of the good you did to me; the LORD delivered me into your hands, but you did not kill me. [19] When a man finds his enemy, does he let him get away unharmed? May the LORD reward you well for the way you treated me today. [20] I know that you will surely be king and

that the kingdom of Israel will be established in your hands. [21] Now swear to me by the LORD that you will not cut off my descendants or wipe out my name from my father’s family.”

[22] So David gave his oath to Saul. Then Saul returned home, but David and his men went up to the stronghold.

PSALMS 57

[57:1] Have mercy on me, O God, have mercy on me, for in you my soul takes refuge. I will take refuge in the shadow of your wings until the disaster has passed. [2] I cry out to God Most High, to God, who fulfills [his purpose] for me. [3] He sends from heaven and saves me, rebuking those who hotly pursue me;

Selah

God sends his love and his faithfulness. [4] I am in the midst of lions; I lie among ravenous beasts—men whose teeth are spears and arrows, whose tongues are sharp swords. [5] Be exalted, O God, above the heavens; let your glory be over all the earth. [6] They spread a net for my feet—I was bowed down in distress. They dug a pit in my path—but they have fallen into it themselves.

Selah

[7] My heart is steadfast, O God, my heart is steadfast; I will sing and make music. [8] Awake, my soul! Awake, harp and lyre! I will awaken the dawn. [9] I will praise you, O Lord, among the nations; I will sing of you among the peoples. [10] For great is your love, reaching to the heavens; your faithfulness reaches to the skies. [11] Be exalted, O God, above the heavens; let your glory be over all the earth.

PSALMS 142

[142:1] I cry aloud to the LORD; I lift up my voice to the LORD for mercy. [2] I pour out my complaint before him; before him I tell my trouble. [3] When my spirit grows faint within me, it is you who know my way.

In the path where I walk
men have hidden a snare for me.
[4] Look to my right and see;
no one is concerned for me.
I have no refuge;
no one cares for my life.
[5] I cry to you, O LORD;
I say, "You are my refuge,
my portion in the land of the living."
[6] Listen to my cry,
for I am in desperate need;
rescue me from those who pursue me,
for they are too strong for me.
[7] Set me free from my prison,
that I may praise your name.
Then the righteous will gather about me
because of your goodness to me.

SIXTH DAY

**Review 1 Samuel 21-24 and Psalms 34, 52,
54, 57 and 142**

(See above scriptures)